

THEN & NOW

Anthony* came to us about two years ago after being discharged from Long Beach Hospital after multiple psychiatric hospitalizations. His home life and his relationship with his mother was extremely conflicted, which led to multiple hospitalizations. When he arrived at West Nassau, he was oppositional and angry. He wanted to return to the family home, but his mother would not allow it. He spent most of the first few weeks isolated in his room without any socialization with his housemates.

FCA staff worked with him to help him learn more about his symptoms, how to socialize within a group setting, how to care for his personal hygiene, basic living skills and developing a desire to learn. With patience and diligence, Anthony began to grow and to participate in his own care and became more interactive with the group. He began accomplishing his household responsibilities, chores, medication management and other independent living skills and after a year and a half was ready to move to an apartment program. Anthony has perfected the skills of daily living, is completely independent in his medication program, has gained employment and was accepted into an independent living program.

Congratulations Anthony!

*Names and photos have been changed to protect client confidentiality.